

3rd year planning

- Read the section corresponding to your upcoming rotation in First Aid for the Wards prior to the start of the rotation (or at least within the first week). If you learn nothing else on your rotation, make sure you know this information.
- Practice questions are a great way to quiz yourself during each rotation. More students are leaning toward a year subscription to an online Step 2 question bank such as: Kaplan or USMLEWorld, but there are also decent Q&A review books divided by specialties such as: Lange Q&A: USMLE Step 2 CK
- No matter how tired you are, make sure you study at least one hour every day. Many students learn easiest when they study a chief complaint they encountered that day.
- Determine on DAY ONE how many pages of your basic text you need to read every day to achieve your reading goal. Then stick to your daily reading assignment. See our rotation-specific advice pages for DIT's suggested study plans, complete with recommended review books and question books.
- Listen and take notes on rounds. Always be on time. Act interested. Be a person that others like to have around. These will help increase your chances of success and a good evaluation.
- Ask your resident and/or attending what is expected of you and how they like to hear you present. Do this within the first week of the rotation, at the latest. Also ask for feedback on how you are doing and what you need to focus on to improve.
- Learn the art of being concise and presenting pertinent information in your presentations. This will endear you to your attending, resident, and the rest of any team of which you are a part.
- Don't be too hard on yourself. Third year is all about doing something wrong every single day. So just relax, and continue to do stupid things because that means you're learning. It is ok to do things wrong now, because you are not the one making the final decisions. If you don't mess-up now, you're going to mess up later when it matters. So now is your chance.
- Try to get as many letters of recommendation during third year as you can. If you are not 100% certain what field you will go into, have the attending write a generic letter. More letters mean that you will have more to choose from when applying to residency programs next year, and having multiple choices means you can choose the best program to fit your needs.

3rd year references

[Blueprint Series for OB/GYN](#)

[ECG in 10 days](#)

[Success on the Wards: 250 Rules for Clerkship](#)

[First Aid for the Wards](#)

[First Aid Step 2 USMLE Clinical Knowledge](#)

[Maxwell Quick Medical Reference](#)

[Pocket Medicine](#)

[Tarascon Pocket Pharmacopoeia](#)

[Cope's Early Diagnosis of the Acute Abdomen](#)

[Step Up to Medicine](#)

[Surgical Recall](#)

[Case Files: Family Medicine](#)

[Case Files: Neurology](#)

[Pretest: Pediatrics](#)

[Pediatrics for Medical Students](#)

[Emergency and Critical Care Pocket Guide](#)

<http://www.epocrates.com/>

<http://epss.ahrq.gov/PDA/index.jsp>

[http://www.mediquestions.com/iPhone iPodTouch iPad/index.html](http://www.mediquestions.com/iPhone_iPodTouch_iPad/index.html)

<http://books.mcgraw-hill.com/medical/diagnosaurus/index.html>

<http://www.medcalc.com/> online only

<http://enotes.tripod.com/MMSE.pdf> Folstein MMS exam

<http://enotes.tripod.com/contents.htm> online lookup

<http://www.ncbi.nlm.nih.gov/pubmed/> PubMed

<http://www.statref.com> username: *holyname* password: *teaneck*

Apps /tools for PDA smartphones

<http://itunes.apple.com/us/app/hypermunes-pregnancy-wheel/id363747934?mt=8> pregnancy dates

<http://www.qxmd.com/apps/the-ecg-guide-for-iphone-ipad-android-blackberry>

<http://itunes.apple.com/us/app/monthly-prescribing-reference/id347073471?mt=8>

<http://itunes.apple.com/us/app/imurmur-2/id372621883?mt=8>

<http://itunes.apple.com/us/app/3m-littmann-soundbuilder/id414942730?mt=8>

<http://www.unboundmedicine.com/> 5 minute clinical consult